

Healthy Relationships and Violence Prevention

Relationships are vital to our well-being. Relationships with friends, dating partners, teachers, and parents have a very real and important influence on who each of us is and who each of us will become. It's important to learn the difference between healthy and unhealthy relationships. This webpage contains links to a variety of sites to help you recognize and value healthy relationships, as well as ideas about how to distance yourself from unhealthy ones.

If you would like to discuss any of these ideas, please contact a trusted adult, your parent or your school counselor, for example.

If you are in imminent danger, call 911.

Web resources:

National Domestic Violence Hotline 1-800-799-7233

National Runaway Safeline 1-800-Runaway (1-800-786-2929)

Safe Haven

The Women's Center

Love Is Respect

MTV's A Thin Line

PSA for parents

Center for Disease Control Violence Prevention

Domestic Violence: How to get help

If Child Abuse or Elder Abuse is suspected: <http://www.dfps.state.tx.us/> or call 1-800-252-5400